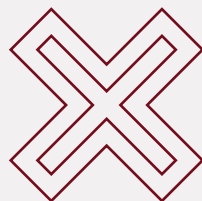


# FAMILY + OUTING IDEA



Worship Walk - YEP! Outside in the cold. Go for a walk and have your eyes and ears open. Ask God to show you things to praise Him for, things to ask him to change, and things that challenge the way your family lives now. **TALK TO GOD AS YOU WALK!**

# PARENTS CHALLENGE



Worship is loving God with all your heart, mind, soul and strength. Sometimes we worship by singing and dancing. Sometimes we worship by loving people that others don't. Ultimately "worship" is when Jesus is Lord of our lives and we love him by giving our lives, hearts, bodies, voices and desires to him. We are made to love, know and worship Him all the time. Our challenge to you this month is to reflect the heart of worship as best you can for your kiddos this month!

Start and end every day with your family by listening to worship music...you will be amazed as to how calming it is for everyone.

