

WEEK 1



WHY DO WE WORSHIP?



Do you know that God loves us? (wait for a response) He loves us SOOO much that He gave up His son. What is something that you love? (wait for response) Would you be willing to give that up to anyone? All God wants us to do is to love and worship Him. It is important to God that we worship and follow Him. Worship can happen at any time, anywhere, and any moment. Not just on Sundays. Throughout each day we can worship God. The most simple definition of worship is just telling God we love him!



DIG DEEP

What is one way you can worship God each day?

DIG DEEPER

Discuss why you think God deserves our worship each day?

WEEK 2



HOW CAN WE WORSHIP?

One of the main ways we can worship is through singing. Do you have a favorite song? (wait for response) God tells us again and again in the Bible to sing. He wants us to sing and worship because we can use our minds, bodies, voices, and emotions. However, do you know there are other ways to worship? Can you think of some? (wait for response) Those are all great ideas and ways we can worship. Here are some more:

- Start your day with God
- Pray for specific things
- Write down things you are thankful for
- Turn something you complain about into a praise
- Enjoy God's creation
- Love others
- Love yourself

There is no wrong way to worship God. You can dance, sing, talk, pray, and even just think about God.

DIG DEEP

What is your favorite way to worship?

DIG DEEPER

What is one way you would like to worship more?

